


# BREAKFAST

 Look out for this symbol to see more breakfast suggestions throughout the menus.

## ALL DAY BREAKFAST FAVOURITES

<b>Big Breakfast Crepe</b>	€10.95
<small>Cheese, bacon, sausage &amp; egg (2/3/4/5/18/10)</small>	
<b>Crispy Complete Crepe</b>	€9.95
<small>Cheese, bacon &amp; egg (2/3/4/10)</small>	
<b>The Complete</b>	€9.95
<small>Cheese, ham &amp; egg crepe (2/3/4/8)</small>	
<b>The Traditional</b> Lemon, sugar & butter crepe (2/3/4)	€6.95
<b>Big Breakfast Melt</b> (TAKE OUT €9.50)	€10.95
<small>Cheese, bacon, sausage &amp; egg sandwich (2/3/4/5/7/8/10)</small>	

## TOASTS Cooked in butter (white or malt brown)

<b>Toast</b> with jam, marmalade or honey (2/3/5/7) (TAKE OUT €2.95)	€3.30
<b>French Toast</b> side of maple (2/3/4/5/7)	€8.95
<b>Streaky French Toast</b>	€10.50
<small>French toast, bacon &amp; maple (2/3/4/5/7)</small>	
<b>Berry Toast</b>	€10.50
<small>French toast, vanilla butter, fresh strawberries &amp; maple (2/3/4/5/7)</small>	

## OMELETTES Served with toast

<b>Cheese Omelette</b> (2/3/4/5/7)	€9.25
<b>Cheese &amp; Ham Omelette</b> (2/3/4/5/7/8)	€9.95
<b>Californian Omelette</b> (2/3/4/5/7)	€12.50
<small>Cheese omelette with sides of guacamole, bacon &amp; crème fraîche</small>	
<b>Power Omelette</b> Spinach, cheese & ham (2/3/4/5/7/8)	€11.50
<b>Veg Power Omelette</b>	€10.95
<small>Spinach, garlic mushroom &amp; cheese (2/3/4/5/7)</small>	
<b>Big Breakfast Omelette</b>	€11.95
<small>Streaky bacon, sausage &amp; cheese (2/3/4/5/7/8)</small>	
<b>Cheese &amp; Mushroom</b> (2/3/4/5/7)	€9.95
<b>Smoked Omelette</b>	€12.95
<small>Smoked salmon, cheese, chives &amp; crème fraîche (2/3/4/5/6/7)</small>	

## BAKERY

Croissant (2/3/4/5)	
Almond Croissant (1/2/3/4/5)	
Pain au Chocolat (2/3/4/5)	
Fruit Scones (2/3/4)	
Raisin Danish (2/3/4/5)	€2.95

# PANCAKE STACKS

## THREE BUTTERMILK PANCAKES

<b>Canadian Stack</b>	€10.95
<small>Streaky Bacon, Maple syrup and Butter (2/3/4)</small>	
<b>Maple Stack</b>	€9.50
<small>Vanilla butter, maple, pecans, whipped cream (1/2/3/4/7)</small>	
<b>Strawberry &amp; Cream Stack</b>	€8.95
<small>Vanilla butter, fresh strawberries, sugar powder and whipped cream (2/3/4)</small>	
<b>Breakfast 'n' Maple Stack</b>	€12.50
<small>Sausage, crispy bacon, Egg, butter and maple (2/3/4/5/8)</small>	
<b>Chocolate Stack</b>	€8.50
<small>Nutella or melted Belgian milk chocolate, and whipped cream (1/2/3/4/5)</small>	
<b>Strawberry Supreme Stack</b>	€9.95
<small>Nutella or melted Belgian milk chocolate, fresh strawberry and whipped cream (1/2/3/4/5)</small>	

## CHILDREN'S RECOMMENDATION

<b>Dunkers</b>	€8.50
<small>Six smaller pancakes with a side of nutella and maple for dipping (1/2/3/4/5)</small>	

# WAFFLES

Choice of vanilla, cinnamon or regular butter  
All Waffles come with whipped cream


## ADD ICE CREAM, OR MAPLE FOR €2 (2/4/11)

 <b>Sugar Waffle</b> with butter (2/3/4)	€6.50
<b>Nutella Waffle</b> (1/2/3/4/5)	€7.50
<b>Nutella Ice Waffle</b> (1/2/3/4/5)	€8.95
<b>American Dream Waffle</b>	€8.50
<small>Maple syrup, pecans &amp; butter (1/2/3/4/7)</small>	
 <b>Strawberry &amp; Cream Waffle</b> (2/3/4)	€8.75
<b>Banana Supreme Waffle</b>	€8.50
<small>Banana &amp; Nutella (1/2/3/4/5)</small>	
<b>Strawberry Supreme Waffle</b> (1/2/3/4/5)	€9.50
<b>Super Supreme Waffle</b>	€9.95
<small>Fresh strawberries, banana &amp; Nutella (1/2/3/4/5)</small>	
<b>Chocolate Oreo Waffle</b>	€7.95
<small>Chocolate, Oreo biscuit served with whipped cream (1/2/3/4/5)</small>	

# SWEET CREPES

Nut Allergy? Please advise when ordering.  
Whipped cream no charge.

## ADD ICE CREAM, OR MAPLE FOR €2 (2/4/11)

 <b>The Traditional</b> Lemon, sugar & butter (2/3/4)	€6.95
<b>Strawberry &amp; Cream</b>	€8.95
<small>Fresh strawberries, sugar, butter (2/3/4)</small>	

## CHOCOLATE

Belgian origin, choose from: milk (35%), dark (70%), white (28% cocoa), or Nutella

<b>Chocolate Special</b>	€7.50
<small>Milk, dark, white or Nutella (1/2/3/4/5)</small>	
<b>Choc Ice</b> Chocolate & ice cream (1/2/3/4/5)	€8.95
<b>Super Supreme</b>	€9.95
<small>Chocolate, fresh strawberries &amp; banana (1/2/3/4/5)</small>	
<b>Banana Supreme</b> Chocolate & banana (1/2/3/4/5)	€8.50
<b>Strawberry Supreme</b>	€9.50
<small>Chocolate &amp; fresh strawberries (1/2/3/4/5)</small>	
<b>Coconut Dream</b>	€7.60
<small>Chocolate &amp; coconut (1/2/3/4/5)</small>	
<b>Chocolate Oreo</b>	€7.95
<small>Chocolate, Oreo biscuit served with whipped cream (1/2/3/4/5)</small>	

## STICKY & SWEET

Our maple is Canadian Organic

<b>Maple Delight</b>	€8.25
<small>Maple, toasted almonds &amp; butter (1/2/3/4)</small>	
<b>Banana Maple Delight</b>	€9.25
<small>As above with banana (1/2/3/4)</small>	
<b>Sticky Fingers</b>	€7.85
<small>A traditional with golden syrup, jam or honey (2/3/4)</small>	
<b>Apple Cinnamon Cream</b>	€8.25
<small>Apple sultana mix &amp; cinnamon butter (2/3/4/8/11)</small>	

## SUZZETTES (GRAND MARNIER)

<b>Crep Suzzette</b>	€8.95
<small>Grand Marnier, lemon, sugar &amp; butter (2/3/4)</small>	
<b>Banana Suzzette</b> (2/3/4)	€9.95
<b>Nutella Marnier</b>	€8.95
<small>Chocolate or Nutella with Grand Marnier (1/2/3/4/5)</small>	

# SAVOURY CREPES

Gluten free? Order your favourite choice on a Galette.  
Coeliac? Please advise us when ordering.

All Eggs are free range  
Ballymaloe relish recommended with Egg

 <b>Big Breakfast Crepe</b>	<b>€10.95</b>
Cheese, bacon, sausage & egg (2/3/4/5/8/10)	
 <b>Crispy Complete Crepe</b>	<b>€9.95</b>
Cheese, bacon & egg (2/3/4/10)	
 <b>The Complete</b>	<b>€9.95</b>
Cheese, ham & egg (2/3/4/8)	
 <b>Canadian</b>	<b>€9.25</b>
Canadian Maple, bacon & butter (2/3/4)	

**POWER CREPES – SPINACH**  
Seasoned with cracked pepper, sea salt, nutmeg and a dash of butter

<b>Power Crepe</b>	<b>€9.95</b>
Spinach, cheese & ham, (garlic mayo optional) (2/3/4/8/10)	
<b>Power Plus</b> (2/3/4/10)	<b>€10.50</b>
Spinach, cheese, bacon, fresh chives, crème fraiche & garlic mayo	
<b>Veg Power</b>	<b>€9.50</b>
Spinach, cheese & garlic mayo (2/3/4/10)	
<b>Veg Power Plus</b>	<b>€9.95</b>
Spinach, cheese, garlic mushrooms, fresh chives, crème fraiche & garlic mayo (2/3/4/10)	
<b>Power Deluxe</b>	<b>€12.50</b>
Spinach, cheese, smoked salmon, crème fraiche & side of rocket (2/3/4/6/8/10)	

**VEGETABLE FOCUS**

<b>Cheese Veg</b>	<b>€9.75</b>
Cheese, garlic mushroom, caramelised onion & tomato (2/3/4/8/10)	
<b>Ultimate Cheese</b>	<b>€9.95</b>
Rocket, cheese, parmesan, black pepper & truffle mayo (2/3/4/10)	
<b>Egg Cheese Mushroom Onion</b> (2/3/4/8/10)	<b>€9.95</b>

**HOMEMADE GUACAMOLE**

<b>Mexicano</b>	<b>€9.95</b>
Cheese, guacamole, salsa & tomato (2/3/4)	
<b>Mexicano Extra</b> with bacon (2/3/4)	<b>€10.50</b>
<b>Mexican Mixed Pepper</b>	<b>€10.50</b>
Cheese, guacamole, sweet peppers, tomato with Mexican salad, taco dressing, & crème fraiche (2/3/4/10)	

**RELIABLES**

<b>Cheese &amp; Ham</b> (2/3/4/8)	<b>€8.95</b>
<b>Chicken Cheese Tikka Tomato</b>	<b>€9.95</b>
Optional swap cheese for double chicken (2/3/4/10)	
<b>The Club</b> (+egg extra €1)	<b>€9.50</b>
Chicken, bacon, iceberg, tomato & mayo (2/3/4/10)	
<b>The Cheese Club</b> (+egg extra €1)	<b>€10.75</b>
Chicken, bacon, iceberg, melted cheese, tomato & mayo (2/3/4/10)	
<b>Ham Cheese Onion</b>	<b>€9.50</b>
Ham, cheese & caramelised onion (2/3/4/8/10)	

<b>Cheese &amp; Egg</b> (2/3/4)	<b>€8.95</b>
<b>Calzone</b> (garlic mayo optional)	<b>€9.95</b>
Cheese, pepperoni, ham & pizza sauce (2/3/4/8/9/10)	

**FISH**

<b>Smoked Deluxe</b>	<b>€10.75</b>
Smoked salmon, crème fraiche, fresh chives & black pepper (2/3/4/6)	
<b>Tunafest</b>	<b>€8.95</b>
Cheese with tuna, pepper & mayo mix (2/3/4/6/10)	

## Allergen Key

- Nuts
- Milk
- Gluten
- Egg
- Soybeans
- Fish
- Seasame Seeds
- Sulphur Dioxide & Sulphites
- Celery
- Mustard
- Nuts present in place of manufacture

# SANDWICHES

Available on white or malt brown (contains barley).  
All Eggs are freerange.

**BREAKFAST CLASSICS**

	EAT IN	TO GO
 <b>Big Breakfast Melt</b>	<b>€10.95</b>	<b>€9.50</b>
Cheese, bacon, sausage & egg (2/3/4/5/7/8/10)		
 <b>Big Breakfast Sandwich</b>	<b>€9.95</b>	<b>€8.95</b>
Bacon, sausage & egg (2/3/4/5/7/8/10)		
 <b>Egg Bacon Sandwich</b> (2/3/4/5/7/10)	<b>€8.50</b>	<b>€7.50</b>

**RELIABLES**

	EAT IN	TO GO
<b>Cheese Melt</b> (2/3/5/7)	<b>€7.95</b>	<b>€7.50</b>
<b>Ultimate Cheese Melt</b>	<b>€9.95</b>	<b>€8.95</b>
Rocket, cheese, parmesan, black pepper & truffle mayo (2/3/4/5/7/10)		
<b>Cheese &amp; Ham Melt</b> (2/3/5/7/8)	<b>€8.95</b>	<b>€7.95</b>
<b>Bacon &amp; Cheese Melt</b> (2/3/5/7/8)	<b>€8.95</b>	<b>€7.95</b>
<b>Chicken Cheese Tikka Tomato</b>	<b>€9.95</b>	<b>€8.50</b>
Optional swap cheese for double chicken (2/3/4/5/7/10)		
<b>Tuna Melt</b>	<b>€8.95</b>	<b>€7.95</b>
Cheese, tuna pepper & mayo mix Optional swap cheese for iceberg and tomato (2/3/4/5/6/7/10)		
<b>Salsa Melt</b>	<b>€9.75</b>	<b>€8.75</b>
Cheese, guacamole, sweet peppers, tomato, Mexican salad, taco dressing & crème fraiche (2/3/4/5/7/10)		
<b>BLT</b> Bacon, lettuce, tomato & mayo (2/3/4/5/7/10)	<b>€8.25</b>	<b>€7.25</b>
<b>The Club</b>	<b>€9.50</b>	<b>€8.50</b>
(+egg €1) Chicken, bacon, iceberg, mayo & tomato (2/3/4/5/7/10)		
<b>The Club Melt</b>	<b>€10.75</b>	<b>€9.50</b>
(+egg €1) Chicken, bacon, iceberg, melted cheese, mayo & tomato (2/3/4/5/7/10)		

# DRINKS

**SHORT SHOTS**

	SINGLE 2oz	DOUBLE 4oz
<b>Espresso</b>	<b>€2.70</b>	<b>€3.30</b>
<b>Ristretto</b> (2)		<b>€3.30</b>
<b>Cortado</b>	<b>€3.00</b>	<b>€3.75</b>
Espresso cut with a splash of silky milk (2)		
<b>Machiato</b>	<b>€3.00</b>	<b>€3.70</b>
Espresso topped with dense milk foam (2)		

**CLASSIC COFFEES**

	1SHOT 8oz	1or2SHOT 12oz	2SHOT 16oz
<b>Americano</b> (2)	<b>€2.95</b>	<b>€3.50</b>	<b>€3.75</b>
<b>Cappuccino</b> (2)	<b>€3.70</b>	<b>€4.10</b>	<b>€4.50</b>
<b>Flat White</b> (2)	<b>€3.90</b>		
<b>Latte</b> (2)	<b>€3.80</b>	<b>€4.10</b>	<b>€4.50</b>
<b>Flavoured Latte</b> (2)	<b>€3.95</b>	<b>€4.45</b>	<b>€4.95</b>

**ICED COFFEES**

<b>Iced Americano</b>	<b>€3.60</b>
<b>Iced Latte</b> (2)	<b>€4.20</b>
<b>Iced Flavoured Latte</b> (2)	<b>€4.50</b>

**HOT CHOCOLATE** A blend of 70% dark Callebaut Belgian 35% milk chocolate steamed with premium Irish milk. White chocolate available.

<b>Mocha</b>	<b>€3.85</b>	<b>€4.40</b>	<b>€4.95</b>
Espresso blended with our hot chocolate (2/5/11)			
<b>Hot Chocolate</b>	<b>€3.75</b>	<b>€4.30</b>	<b>€4.50</b>
Marshmallows, (whipped cream available) (2/5/11)			
<b>Caramel Mocha</b> (2/4/5/8/11)	<b>€4.25</b>	<b>€4.75</b>	<b>€4.95</b>

**TEAS**

	8oz	12oz	16oz
<b>Tea</b> (2)		<b>€3.00</b>	<b>€3.00</b>
<b>Herbal Tea</b>			<b>€3.20</b>
Earl Grey, green, chamomile, peppermint, & berry (2)			
<b>Winter Brew</b>			<b>€3.50</b>
Choice of herbal tea with honey & fresh lemon (2)			
<b>Chai Latte</b> Steamed milk, spice mix (2)	<b>€3.80</b>	<b>€4.10</b>	<b>€4.50</b>

**CHILDREN**

<b>Clouds</b>	<b>€2.10</b>	<b>€2.35</b>	<b>€2.60</b>
Foamed milk, chocolate sprinkle (2)			

**COLD BEVERAGES**

<b>Juice Selection</b> Orange, apple, or lemonade	<b>€3.50</b>
<b>Smoothies</b> 250ml bottle, strawberry, mango	<b>€3.95</b>
<b>Minerals / Sodas</b>	<b>€3.50</b>
Coke, Coke Zero, Diet Coke, Fanta, 7-Up	
<b>Spring Water</b>	<b>€2.80</b>
<b>Milk</b> (2)	<b>€1.70</b>